

LEVEL I: USUI REIKI RYOHO



Rev. Leslie is an intuitive Reiki Master/Teacher. She has been an empath and intuitive throughout her life and uses her abilities to promote healing. She is an Ordained Spiritualist Minister with the Inner Spiritual Center and is additionally ordained through the Universal Life Church Monastery. She is a registered member in good standing with the International Association of Reiki Professionals (IARP), The Reiki Membership Association and the International Center for Reiki Training (ICRT), as well as the National Guild of Hypnotists (NGH)

She believes in a mind-body-spirit connection, offering healing modalities for all three.

Leslie can be reached through her website:

www.innercalmhealing.com

"Just for today, I will let go of anger. Just for today, I will let go of worry. Today, I will count my many blessings. Today, I will do my work honestly. Today, I will be kind to every living creature."

– Mikao Usui



333 Route 46 W (Fairfield Business Center - Building A, Ste # 255)

www.innerspiritualcenter.org

THE INNER SPIRITUAL CENTER PRESENTS:

LEVEL I: USUI REIKI RYOHO

with REV. LESLIE SOMMERS

December 7th AND December 14th, 2024
10:00am – 4:00pm (includes lunch break)

Cost: \$200.00

Register at: www.innerspiritualcenter.org by December 3rd.

Join Rev. Leslie as she leads this course that will certify you as a Level 1 Reiki Practitioner. Reiki promotes relaxation which removes stress from the body, allowing it to awaken your body's intrinsic ability to heal and protect itself. This is an in-person class only.

Course Highlights:

- History
- Reiki principles
- Hand placement
- Chakras
- Intentions & Expectations
- Level 1 attunement
- Hands-on Practice
- Manual (student use only/no reproduction allowed)
- Certificate as Level 1 Reiki Practitioner (after successful completion of course)

Be sure to wear comfortable clothing, no excess jewelry, belts etc. If you wish, bring a light blanket & pillow. It is suggested you bring a light lunch. There is a microwave & refrigerator available and there are places in the area to eat if you choose to go out. Snacks & filtered water will be available.

Due to allergies, please DO NOT bring any peanut products or eat any prior to or during class time.