



Rev. Leslie is an intuitive Reiki Master/Teacher. She has been an empath and intuitive throughout her life and uses her abilities to promote healing. She is an Ordained Spiritualist Minister with the Inner Spiritual Center and is additionally ordained through the Universal Life Church Monastery. She is a registered member in good standing with the International Association of Reiki Professionals (IARP), The Reiki Membership Association and the International Center for Reiki Training (ICRT), as well as the National Guild of Hypnotists (NGH)

She believes in a mind-body-spirit connection, offering healing modalities for all three.

Leslie can be reached through her website:

[www.innercalmhealing.com](http://www.innercalmhealing.com)

*"Just for today, I will let go of anger. Just for today, I will let go of worry. Today, I will count my many blessings. Today, I will do my work honestly. Today, I will be kind to every living creature."*

– Mikao Usui



333 Route 46 W (Fairfield Business Center - Building A, Ste # 255)

[www.innerspiritualcenter.org](http://www.innerspiritualcenter.org)

## THE INNER SPIRITUAL CENTER PRESENTS:

### LEVEL 2: USUI REIKI RYOHO WITH REV. LESLIE SOMMERS (in person only)

March 16<sup>th</sup> and 23<sup>rd</sup> 2024, 10:00am – 4:00pm (EST)

(includes lunch break)

Cost: \$300.00

Register at: [www.innerspiritualcenter.org](http://www.innerspiritualcenter.org) by March 14th 1pm (EST)

Join Rev. Leslie as she leads this course that will certify you as a Level 2 Reiki Practitioner. Reiki promotes relaxation which removes stress from the body, allowing it to awaken your body's intrinsic ability to heal and protect itself. This is an in-person class only.

#### Course Highlights:

- Quick Review of Level 1
- Distant Reiki
- Reiki Symbols
- Level 2 Attunement
- Intentions & Expectations
- Hands-on Practice
- Manual: Optional/Suggested, William Rand's "The Healing Touch - 1st & 2nd Degree" manual. Copies available for purchase or you can find online.
- Certificate as Level 2 Reiki Practitioner (after successful completion of course.)
- At this level you can begin to charge a fee.

Be sure to wear comfortable clothing, no excess jewelry, belts etc. Shoes, socks or bare feet are fine while you work. If you are agile enough and wish to work on the floor, bring a yoga mat, light blanket and pillow if you wish. If you have a portable table you can bring, please let Leslie know prior to the class. It is suggested you bring lunch as there is a microwave and refrigerator. There are places in the area to eat if you cannot bring lunch. Snacks and filtered water will be available. Due to allergies, please **DO NOT** bring any peanut products or eat any prior to or during class time.